

John Bottone Appreciation

Hello everyone! My name is John Bottone. Saniel and Linda asked me to give a sense of the session work that my husband Richard and I did with them.

We actually had monthly sessions with them, several hours each time, that spanned I think between two and three years. Initially the idea was that we wanted to work with a married couple who could coach us on ways of Richard and I working together, because we have different skill sets and things like that.

Saniel and Linda seemed to be the perfect fit because of our long term loving relationship with them and they're a couple and they've been doing workshops and retreats for years.

So it felt like they knew the territory very well and would be very good mentors and teachers for us.

What actually happened, though, was completely different from what we expected. What happened was the ideas or plans of what we thought we were going to work on never materialized.

Because once we got into that energetic space with them, after doing some gazing and meditation together, something opened up that felt larger than us, that felt it was tapping into something more important than the plans that we had made for ourselves.

Sometimes it was an experience of entering into the Mystery of relationship together. And it was quite, quite beautiful. And quite powerful.

Sometimes the focus was our couple life or couple goals and stuff like that, or things going on between us. Sometimes it was more personal. Sometimes it was something energetic with the four of us.

So there was no way of knowing what the session was going to be, or what it was going to hold. But it certainly felt deep and profound and powerful each time, like we were deeply dropping in together, the four of us, and holding each other with tremendous love and wisdom in those times.

What else can I say? I certainly encourage anyone who wants to enter into that sense of profound Mystery to have sessions with these two. I think they are some of the most loving and spiritual and wise teachers I have ever encountered. And I feel deeply grateful for having them in my life.